



- Adventure camp
- Adventure Park Development
- Camping gear and telescope
- Management Development

## Outdoor Adventure & Environment Institute

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# VALLEY OF FLOWERS TREK & HEMKUND SAHIB

The Valley of Flowers is a world heritage site and a part of the famous Nanda Devi Biosphere. This national park in the far interiors of Garhwal Himalayas (Uttarakhand) is spread over 87.5 sq. Kms. This hidden jewel is a truly unique habitat, home to many endemic varieties of alpine flowers and plants. This valley is at an altitude of 3250 m and above. Over the years many nature lovers from across the globe have been visiting the valley only to be left spell bound by its beauty.



<b>Duration</b>	:	<b>6 Days ( Haridwar – Haridwar)</b>
<b>Season</b>	:	<b>Jun-oct</b>
<b>Grade</b>	:	<b>Moderate +</b>
<b>Max Alt</b>	:	<b>Hemkund Sahib (4329m)</b>
<b>Region</b>	:	<b>Garhwal ( Uttarakhand)</b>
<b>Accommodation</b>	:	<b>Hotels</b>

### Itinerary

**Day 01:** Haridwar - Joshimath / Auli (2450m) (Drive / 280 Kms / 8 - 9 Hrs)

**Day 02:** Joshimath / Auli (2450m) - Govindghat - Ghangaria (3050m) (Drive / 1 Hr) (Trek / 4 - 5 Hrs)

**Day 03:** Ghangaria (3050m) - Valley Of Flowers (3600m) - Ghangaria (3050m) (Trek / 4 - 5 Hrs)

**Day 04:** **Option 1:** Ghangaria (3050m) - Hemkund Sahib (4329m) - Ghangaria (3050m) (Trek / 6 - 7 Hrs)

**Option 2:** Ghangaria (3050m) - Valley Of Flowers (3600m) - Ghangaria (3050m) (Trek / 4 - 5 Hrs)

**Day 05:** Ghangaria - Govindghat - Joshimath / Auli (Trek / 3 - 4 Hrs)(Drive / 1 - 1.5 Hrs)

**Day 06:** Joshimath / Auli - Haridwar (Drive / 280 Kms / 8 - 9 Hrs)

## **Cost: 13500/- PP + GST**

### Cost Including:

- Transportation includes Haridwar to Haridwar.
- All meals beginning with Dinner on day 1 to Breakfast on day 6.
- Overnight in Hotels
- There will be 2 toilet tents [separate for gents and ladies] having portable toilet seats
- First Aid / Medical kit

### Cost Doesn't Include:

- Forest entry charges, permits & Camping fee
- Accommodation in any other location not mention above
- Porter/mule charges to carry your personal bag
- Any meals/services not mentioned above
- Any charges for video cameras, still cameras, etc.
- Alcohol, soft drinks, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Insurance
- GST

**Awards - # [Best Adventure Organizer of M.P. 2016 - 17](#) by M.P. Tourism**

**# [Best Adventure and Eco Tour Operator for 2011 - 2012](#) and [2010 - 2011](#) by Eco Tourism**