

## The Chadar Trek -the Outdoor Adventure way

10 - 20 Jan 2019

The Chadar trek takes you right onto the frozen Zaskar river, into the middle of an untamed winter wilderness. The only thing separating you from the icy depths of the river is a sheet of ice. You'll see waterfalls frozen in mid-flow, bubbles trapped under the ice, and trees with no leaves. You'll stop at the famous Tibb Cave to share a cup of hot buttered tea over a blazing fire, and camp at night in tents under starry skies. It's going to be an unforgettable experience!

Chadar trek orientation and Training start from 16 Sept 18

Region :- Leh, Ladakh, J & K

Duration :- 9 Days

Grade :- Difficult

Max Altitude :- 11,123 Ft.

Approx Trekking Km :- 62 Kms.

### The Start of the Journey

The journey starts at the mountain town of Leh . The only way to reach Leh is by flight and it is surrounded by snow giving it a complete white look. One can catch a glimpse of the snow capped mountains from the flight as it descends toward Leh which is located at 11400 feet above sea level. The trek is over the Zaskar River which lies frozen during the winter . The frozen river trek begins from the small village of Chilling from where the Zaskar River begins to freeze.

### Brief Itinerary

Day 1: 10th Jan 19 : Indore to Delhi by self flight

Day 2: 11th Jan 19 : Delhi to Leh by self flight. Reporting day at Leh

Day 3: 12th Jan 19 : Local Sight Seeing on contribution basis.

Day 4: 13th Jan 19 : Acclimatization & Check up day.

Day 5: 14th Jan 19 : Leh to Shingra koma via Chilling & Tilad do-Drive 65 km,3-4 hrs

Day 6: 15th Jan 19 : Shingra Koma to Tibb Cave-Trek 15 km / 6-7 hrs)

Day 7: 16th Jan 19 : Tibb Cave to Nerak -Trek 13 km / 6-7 hrs)

Day 8: 17th Jan 19 : Nerak – Tibb Cave - Trek 13 km / 6-7 hrs)

Day 9: 18th Jan 19 : Tibb Cave to Gyalpo -Trek 12 km / 5-6 hours

Day 10: 19th Jan 19 : Gyalpo to Shingra koma to Leh - Trek 06 km. / 3-4 hrs

Day 11: 20th Jan 19 : Fly back to Home

**Cost : - Rs. 24500/- P.P. + 5% GST**

Please note :- The above itinerary & Cost is for sample only the days of chadar trek and camp site may vary as it depends up on the weather and other factors but departure and arrival days are same.)

### Cost Includes

1. Stay on Triple Sharing basis in Guesthouse (day 3 & day 4) & while camping.
2. Airport Drop & Pickup
3. Vegetarian Meals during Trek Only
4. 2 Extra days accommodation at Leh.
5. Any Sightseeing, meals, travel, fee will be extra.
6. 2 guides for the group of maximum 12 trekkers to ensure high safety and more information and personal attention which are necessary to appreciate a trek. All our guides are professionally trained and have many years of relevant experience in guiding treks.

## 7. High quality Camping arrangements

We believe that roughing it out necessarily doesn't mean sleeping in smelly sleeping bags, compromising on safety by using low quality equipment and having unappetising meals. We focus on your safety, basic comforts and the environment while camping. Keeping this in mind, the following equipment is provided on the trek:

- a. Fresh and clean sleeping bags of very good quality
  - b. Good quality Camping Mattresses
  - c. Mess Tent
  - d. Toilet tents (2) with portable toilet seats for ladies & gents separately
  - e. First Aid / Medical kit
8. Big oxygen cylinder (15 litres) will be carried throughout the trek for any kind of emergency.
  9. Porter/mule charges for carrying camping equipment & rations
  10. Camping permission
  11. Transport from Leh to Road head and return
  12. First aid kit (our guides are certified in handling first aid situations)

## Cost Exclude

1. Day 1 & day 2 Stay at Leh.
2. Any Meals & Transportation when in Leh.
3. Personal trekking equipment – like Gum Boots, trekking poles
4. Personal insurance or cost of emergency evacuation
5. ALTOA Permission, wildlife tax, Environment Tax, Forest Permits and camping charges of INR 2650/- (The fee may be revised)
6. Porter to carry personal luggage.
7. Anything not specifically mentioned under the head price Includes.
8. Airfare
9. Cost of transport, meals and stay if in case you leave the trek in between and return to Leh before the schedule arrival.
10. Purchases of personal natures (like mineral water bottles/bottled or canned beverages/chocolates/dry fruits etc)
11. Room Heaters at Guest House in Leh (We suggest not to use the room heaters as the same dehydrate the body and your body won't get acclimatize to gear up for the Chadar trek)
12. GST @ 5%
13. Liability for change in itinerary due to reasons beyond our control like change in flight and train schedule; cancellation of flights/trains, political disturbances, natural phenomenon, etc

## Who Can Go:-

- Experience of trekking or good fitness level.
- The climber must be fit and have sufficient stamina to cover 5 km of distance in 45 minutes without a stress.
- The climber should be able to carry a 10 kg backpack.
- Heart problem, high blood pressure, asthma, and epilepsy cannot be reconciled on this mission. The climber must not have the conditions mentioned above.

## ADD ON at an Extra Cost:

- Porter to carry the personal luggage (max 10 Kg) : INR 4500
- Porter to carry the personal luggage & to be your personal companion throughout the trek: INR 8500.
- Own a Brand New a Sleeping Bag of temperature Range -10: INR 2500
- Personal Oxygen Can of 500 ml (6 L oxygen) : INR 650 per piece

## BOOKING PROCEDURE

- Please deposit Rs. 10000.00/- per person (Non Refundable non transferable) as a booking amount

so that we can make the reservations ASAP, rest will be paid on or before before 2 months of departure date i.e. 10th November 2018.

- Participants have to sign an Indemnity bond and collect the things to bring sheet which is helpful to arrange all essential articles to make the trek happy.
- Participants are requested to attend the preparation meetings and get regular updates.

#### Cancellation Charges:

The following charges will be applicable in case of cancellation:

Applicable only after deduction of non refundable 10000.00

40 days or more prior to start of the program : Nil Charges

39 - 30 days prior to start of the program : 25% Charges

29 – 21 days prior to start of the program : 50% Charges

less than 20 days prior to start of the program : 100% (No Refund)

For More Info please call at 9425077008, 9752447703